



Modified Gravity from the Standard Model

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We all know “the problem”

$G_{\mu\nu} \neq 8\pi G (T_{\mu\nu})_{\text{known}}$ on galaxy scales & larger

We also know the possible solutions:

1. Invent more $T_{\mu\nu}$

- $\rho_{\text{DM}} \sim 6 \times \rho_{\text{known}}, \rho_{\text{DE}} \sim 18 \times \rho_{\text{known}}$
- This works . . . but it's epicyclic

2. Change gravity

- $R \Rightarrow F(R)$ is the only metric-based, stable way
- This works . . . but it's ALSO epicyclic
- UNLESS you can DERIVE $F(R)$ from 1st Principles



V_{eff} in de Sitter

- $dS^2 = -dt^2 + a^2 dx_i dx^i$, $a = e^{Ht}$
- General Form : $V_{\text{eff}} = H^4 f(\varphi^2/H^2)$
- Cf. Flat Space : $V_{\text{eff}} \longrightarrow \varphi^4 \ln(\varphi)$



Results for Yukawa & SQED

Yukawa: $\Delta\mathcal{L} = -f\varphi\bar{\psi}\psi\sqrt{-g}$

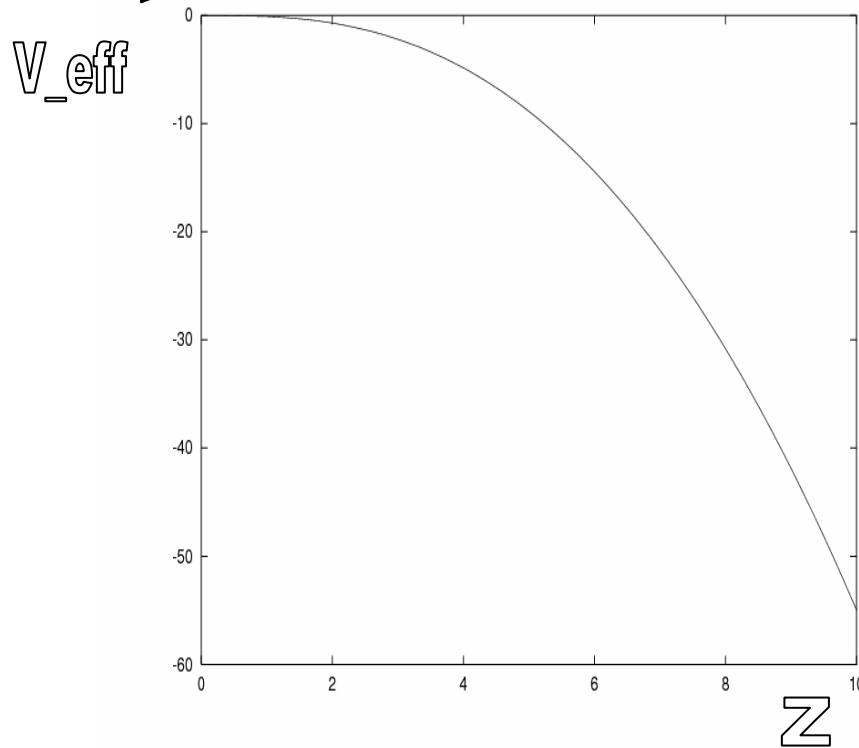
- $V_{\text{eff}} \equiv -\frac{H^4}{8\pi^2} \times F(z)$ with $z \equiv \frac{f^2\varphi^2}{H^2}$
- $F(z) = 2\gamma z - [\zeta(3) - \gamma]z^2$
 $+ \int_0^z dx(1+x) [\psi(1+i\sqrt{x}) + \psi(1-i\sqrt{x})]$
 $\longrightarrow \frac{1}{2}z^2 \ln(z) + O(z^2)$

SQED: $\Delta\mathcal{L} = ieA_\mu\varphi^*\partial_\nu\varphi g^{\mu\nu}\sqrt{-g} + \dots$

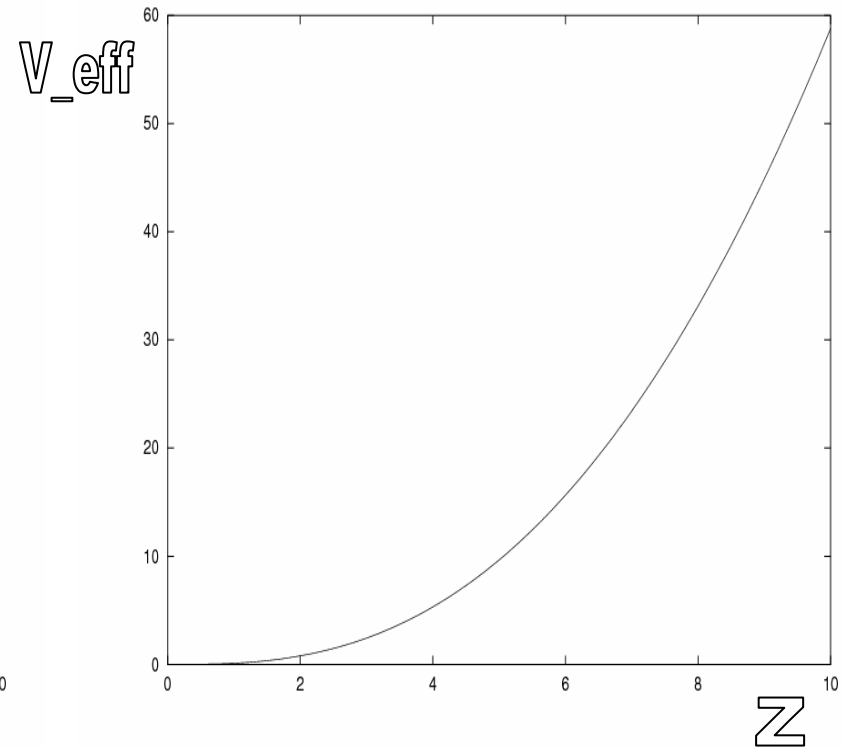
- $V_{\text{eff}} \equiv +\frac{3H^4}{8\pi^2} \times F(z)$ with $z \equiv \frac{e^2\varphi^*\varphi}{H^2}$
- $F(z) = [2\gamma - 1]z - [\frac{3}{2} - \gamma]z^2$
 $+ \int_0^z dx(1+x) [\psi(\frac{3}{2} + \frac{1}{2}\sqrt{1-8x}) + \psi(\frac{3}{2} - \frac{1}{2}\sqrt{1-8x})]$
 $\longrightarrow \frac{1}{2}z^2 \ln(z) + O(z^2)$

V_{eff} falls for Yukawa and grows for SQED

Yukawa



SQED





What is “H” for general $g_{\mu\nu}$

- Our Goals :

- $\delta / \delta g^{\mu\nu} \longrightarrow$ how V_{eff} changes gravity

- $\delta / \delta \varphi \longrightarrow$ how V_{eff} changes φ



Generalizing “H” in V_{eff}

Recall Yukawa

- $V_{\text{eff}} = -H^4/8\pi^2 F(f^2\phi^2/H^2)$

In de Sitter

- $R^\rho_{\sigma\mu\nu} = H^2 (\delta^\rho_\mu g_{\sigma\nu} - \delta^\rho_\nu g_{\sigma\mu})$

Possibilities for H^2

- $H^2 \Rightarrow R/12$
- $H^2 \Rightarrow (R^{\mu\nu} R_{\mu\nu}/36)^{1/2}$
- $H^2 \Rightarrow (R^{\rho\sigma\mu\nu} R_{\rho\sigma\mu\nu}/24)^{1/2}$



Strategies for generalizing “H”

- 1. $\langle T_{\mu\nu} \rangle_{dS} = -2 (-g)^{-1/2} \delta\Gamma / \delta g^{\mu\nu} |_{dS}$
- 2. V_{eff} & $\langle T_{\mu\nu} \rangle$ for const $\epsilon = -H^{-2} dH/dt$
- 3. $\epsilon(t) = \epsilon_1 \longrightarrow \epsilon_2$ Suddenly



Spacetime Exp. Strengthens QFT

WHY?

- Loops \Rightarrow classical physics of virtuals
- Expansion \Rightarrow holds virtuals apart longer

MAXIMUM EFFECT FOR:

- Inflation
- Massless and NOT conformally invariant

TWO PARTICLES:

- $m=0$ and $\xi=0$ Scalars
- Gravitons



Infrared Logarithms

WHAT: factors of $\ln(a) = Ht$ in QFT loops

FOR EXAMPLE: $\lambda\phi^4$

- $p = (\lambda H^4 / 16\pi^2) [-2\ln^2(a) - 7/2\ln(a)] + O(\lambda^3)$

WHY:

- $i\Delta(x;x) = UV + (H^2/4\pi^2) \ln(a)$

- $\int_0^t dt' 1 = \ln(a)/H$

- NB: $\ln(a)$ even in Power Spectrum

- Weinberg, hep-th/0605244



Leading Log Approximation

- General Expansion for $\Delta\mathcal{L} = -f\varphi\bar{\psi}\psi\sqrt{-g}$

$$\sum_n f^{2n} \{ \alpha_n [\ln(a)]^n + \beta_n [\ln(a)]^{n-1} + \dots \}$$
$$\Rightarrow \sum_n \alpha_n [f^2 \ln(a)]^n$$

- Only φ 's gives $\ln(a)$

\Rightarrow Integrate out ψ 's and drop ∂ 's

- Starobinskiĭ gets α_n (not β_n etc.)

$$\langle A(\varphi(t)) \rangle = \int dx A(x) \rho(t, x)$$

- Even late time limits

$$\rho(t, x) \Rightarrow N \exp \left[-\frac{8\pi^2}{H^4} V_{eff}(x) \right]$$



Stress Tensor at Leading Log

- Integrate out ψ 's
- Drop derivatives
- $\langle T_{\mu\nu} \rangle = -g_{\mu\nu} \times V_s$
- Yukawa: $V_s = -H^4/8\pi^2 F_s(f^2\phi^2/H^2)$

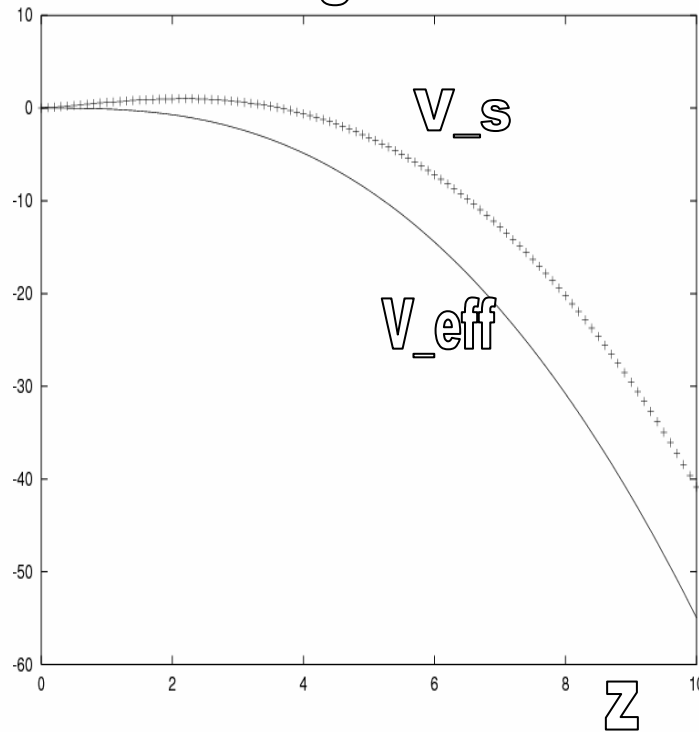
$$F_s(z) = \left[\gamma - \frac{1}{2}\right]z - \left[\zeta(3) - \gamma + \frac{1}{4}\right]z^2 \\ + \frac{1}{2}(z + z^2) \left[\psi(1 + i\sqrt{z}) + \psi(1 - i\sqrt{z})\right]$$

$$F(z) = 2\gamma z - [\zeta(3) - \gamma]z^2 \\ + \int_0^z dx (1 + x) \left[\psi(1 + i\sqrt{x}) + \psi(1 - i\sqrt{x})\right]$$

V_{eff} & V_s Similar for Large ϕ but Not for Small ϕ

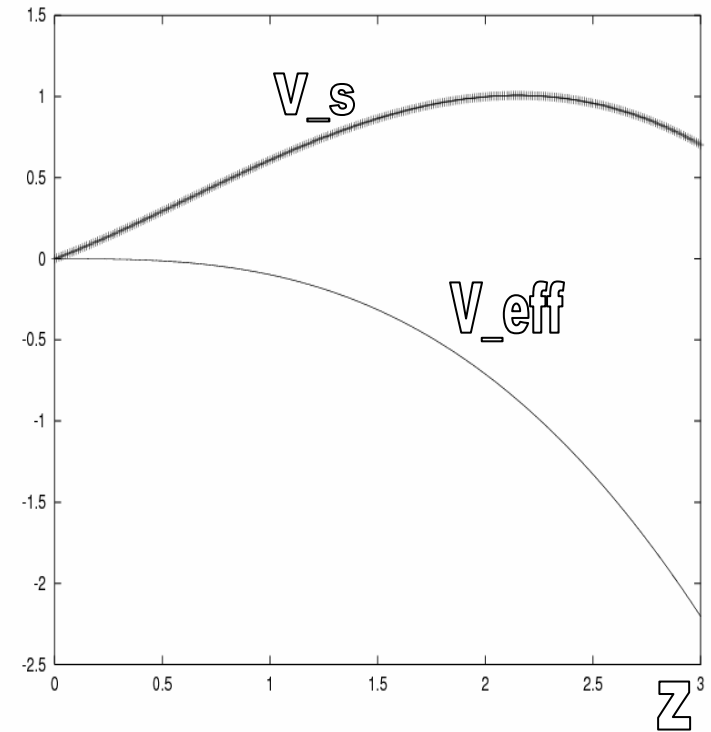
Yukawa

Large field



Yukawa

Small field





$V_{\text{eff}} \neq V_s$ Distinguishes $H^2(t)$ from $\Lambda/3$

- True: $F_s(z) = \frac{1}{2} z F'(z) - \frac{1}{2} z - \frac{1}{4} z^2$
- For $V_{\text{eff}} = -\frac{H^4}{8\pi^2} F(f^2\phi^2/H^2)$
 $\rightarrow -\frac{(R/12)^2}{8\pi^2} F(12f^2\phi^2/R)$
- For $\mathcal{L}_{\text{eff}} = -\Phi(R) (-g)^{1/2}$
 - $\langle T_{\mu\nu} \rangle \rightarrow -g_{\mu\nu} \{ \Phi(R) - \frac{1}{2} R \Phi'(R) \}$ (drop sub-leading terms)
- Would give $F_s(z) = \frac{1}{2} z F'(z)$
- The $-\frac{1}{2} z - \frac{1}{4} z^2$ from counterterms
 - $\delta\xi\phi^2R: \ln(H^2) \rightarrow \ln(\Lambda/3)$
 - $\delta\lambda\phi^4: \ln(H^2) \rightarrow \ln(\Lambda/3)$



Geometry of const $\varepsilon \equiv -H^{-2}dH/dt$

- $\varepsilon = dH^{-1}/dt \longrightarrow H(t) = H_1/[1 + \varepsilon H_1 \Delta t]$
where $\Delta t \equiv t - t_1$
- $H(t) = d \ln(a)/dt \longrightarrow a(t) = a_1 [1 + \varepsilon H_1 \Delta t]^{1/\varepsilon}$
 - $R = 6(2 - \varepsilon)H^2$
 - $R^{\mu\nu}R_{\mu\nu} = 12(3 - 3\varepsilon + \varepsilon^2)H^4$
 - $R^{\rho\sigma\mu\nu}R_{\rho\sigma\mu\nu} = 12(2 - 2\varepsilon + \varepsilon^2)H^4$



Hubble Effective Potential

- Usual : $\Gamma[\Phi=\text{const}] \equiv - \int d^4x V_{\text{eff}}$
- Hubble : $\Gamma[\Phi=\text{const } H(t)] \equiv - \int d^3x \int dt a^3 V_{\text{eff}}$
- $\nu^2 \equiv [(3-\epsilon^2)/4 - \lambda\Phi^2/2H^2]/(1-\epsilon)^2$

$$\begin{aligned}
 V'_{\text{hub}}(\Phi) = & \frac{\lambda}{96\pi^2} (1-5\epsilon+3\epsilon^2) H^2 \Phi \\
 & + \left\{ \xi + \frac{\lambda(\xi - \frac{1}{6})}{32\pi^2} \left[\ln \left[\frac{(1-\epsilon)^2 H^2}{\mu_1^2} \right] + \psi \left(\frac{1}{2} + \nu \right) + \psi \left(N + \frac{5}{2} - \nu \right) \right] \right\} R\Phi \\
 & + \left\{ \frac{\lambda}{6} + \frac{\lambda^2}{64\pi^2} \left[\ln \left[\frac{(1-\epsilon)^2 H^2}{\mu_2^2} \right] + \psi \left(\frac{1}{2} + \nu \right) + \psi \left(N + \frac{5}{2} - \nu \right) \right] \right\} \Phi^3 \\
 & + \frac{(1-\epsilon)^2 H^2}{32\pi^2} \sum_{M=-1}^N \frac{1}{\nu - M - \frac{3}{2}} \left\{ \frac{\Gamma(2\nu - M)\Gamma(2\nu - 2M) (4k_0^2 \eta^2)^{M + \frac{3}{2} - \nu}}{2\Gamma(M+1)\Gamma^2(\nu + \frac{1}{2} - M)} \right. \\
 & \left. - \left(\nu^2 - \frac{1}{4} \right) \right\} \lambda\Phi + O(\hbar^2).
 \end{aligned}$$



Generalizing $V_{\text{eff}} = H^4 f(\varepsilon)$

- One Possibility :
 - $A \equiv R^2 = 36(2-\varepsilon)^2 H^4$
 - $B \equiv \square R = 36\varepsilon(1-\varepsilon)(2-\varepsilon)H^4$
 - $\varepsilon = [A+B+(A^2-6AB+B^2)^{1/2}]/2A$
 - $H^4 = A^3/9[3A-B-(A^2-6AB+B^2)^{1/2}]^2$
- But is inevitably unstable!
(Ostrogradskian Instability)



Sudden Transitions in ε

- $\varepsilon(t)=0 \quad \forall t$ (de Sitter) $\longrightarrow V_{\text{eff}} \neq 0$
- $\varepsilon(t)=+2 \quad \forall t$ (Radiation) $\longrightarrow V_{\text{eff}}=0$
- $\varepsilon(t)=\varepsilon_1 \longrightarrow \varepsilon_2 \longrightarrow u(t,k)$ & du/dt continuous
 - $\longrightarrow V_{\text{eff}}$ continuous, so $V_{\text{eff}} \neq 0$ for $0 \longrightarrow 2$
 - $\longrightarrow \varepsilon(t)=2$ knows about $\varepsilon(t)=0$ epoch
 - \longrightarrow cannot be local
- Can build from R & $\square^{-1}R$

Summary

F(R) models can give $a(t)$

- epicyclic
- Not from fundamental theory

de Sitter $\longrightarrow V_{\text{eff}} = H^4 F(\phi^2/H^2)$

Modifications of gravity

Modifications of matter, too

Constant $\varepsilon \longrightarrow V_{\text{eff}} = H^4 F(\varepsilon, \phi^2/H^2)$

Could get using R & $\square R$

$\varepsilon_1 \longrightarrow \varepsilon_2 \longrightarrow V_{\text{eff}}$ not local

- Could get using R & $\square^{-1}R$