B-L Higgs Inflation in Supergravity with Several Consequences

C. PALLIS

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- C.P., To Appear.

OUTLINE

HIGGS INFLATION IN SUGRA

GENERAL FRAMEWORK

INFLATING WITH A SUPERHEAVY HIGGS

EMBEDDING IN A B-L GUT

B-L Breaking, μ Term & Neutrino Masses

THE INFLATIONARY SCENARIO

INFLATION ANALYSIS

INFLATIONARY OBSERVABLES - GRAVITATIONAL WAVES PERTURBATIVE UNITARITY

POST-INFLATIONARY EVOLUTION

INFLATON DECAY & NON-THERMAL LEPTOGENESIS

RESULTS

Conclusions



SUGRA (I.E. SUPERGRAVITY) POTENTIAL

ullet The General Einstein Frame Action For The Scalar Fields z^{lpha} Plus Gravity In Four Dimensional, ${\cal N}=1$ SUGRA is:

$$\mathcal{S} = \int d^4x \sqrt{-\widehat{g}} \left(-\frac{1}{2} \widehat{\mathcal{R}} + K_{\alpha\beta} \widehat{g}^{\mu\nu} D_{\mu} z^{\alpha} D_{\nu} z^{\nu\beta} - \widehat{V} \right) \quad \text{Where We Use Units With $m_{\rm P}$=1.}$$

Also K is the Kähler Potential. With $K_{aar{eta}}=rac{\partial^2 K}{\partial z^{lpha}\partial z^{\gammaar{eta}}}>0$ and $K^{eta a}K_{aar{\gamma}}=\delta^{ar{eta}}_{ar{\gamma}};\;\;D_{\mu}z^{\alpha}=\partial_{\mu}z^{\alpha}+igA^a_{\mu}T^a_{aeta}z^{eta},\;\;$ Where

 $A_{\mu}^{a} \text{ is The Vector Gauge Fields and } T_{a} \text{ are the Generators of the Gauge Transformations Of } z^{\alpha}; \text{ Finally, } \widehat{V} = \widehat{V}_{F} + \widehat{V}_{D} \text{ With } \widehat{V}_{F} = e^{K} \left(K^{\alpha\bar{\beta}} F_{\alpha} F_{\bar{\beta}}^{*} - 3|W|^{2} \right) \text{ With W The Superpotential and } F_{\alpha} = W_{,z^{\alpha}} + K_{,z^{\alpha}} W; \quad \widehat{V}_{D} = \frac{1}{2} g^{2} D_{a}^{2} \text{ with } D_{a} = z_{\alpha} \left(T_{a} \right)_{\beta}^{\alpha} K_{,z^{\beta}}.$

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 - The η Problem. Coefficients of Order Unity in K May Spoil The Flatness of \widehat{V}_F Due To The Factor e^K . This Can Be Evaded If We Impose A Shift Symmetry so That $K = K(\Phi \Phi^*) = K(\operatorname{Im}(\Phi))$ and the Inflaton be $\phi = \sqrt{2}\operatorname{Re}(\Phi)$.

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- Complementarily, From Models of non-Minimal Chaotic Inflation (nMI) in SUGRA We know that \widehat{V}_F is Sufficiently Flat, If We Adopt $K=-\mathbf{N}\ln{(1+c_{\mathcal{R}}(\Phi^\mathbf{n}+\Phi^{*\mathbf{n}}))}+\cdots$ and Tune N>0 and n With The Exponent m of Φ in $W=\lambda S\Phi^\mathbf{m}$. E.g.,

If we Select
$$W=\lambda S\Phi^2$$
 and $K=-2\ln\left(1+2c_{\mathcal{R}}(\Phi^2+\Phi^{*2})\right)-(\Phi-\Phi^*)^2/2+|S|^2$

We obtain
$$\widehat{V}_{\mathrm{F}} = e^K K^{SS^*} \left| W_{,S} \right|^2 = \lambda \phi^4 / 4 (1 + c_{\mathcal{R}} \phi^2)^2 \sim \mathrm{const}$$
 for $c_{\mathcal{R}} \gg 1$.

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SELECTING CONVENIENTLY THE SUPERPOTENTIAL AND KÄHLER POTENTIALS

- We Use 3 Superfields $z^1=\Phi, z^2=\bar{\Phi},$ Charged Under a Local Symmetry, e.g. $U(1)_{B-L}$, and $z^3=S$ ("Stabilizer" Field).
- SUPERPOTENTIAL $W = \lambda S \left(\bar{\Phi} \Phi M^2 / 4 \right)$
- ullet W Is Uniquely Determined Using $U(1)_{B-L}$ and an R Symmetry and Leads to a **Grand Unified Theory (GUT)** Phase Transition

At The SUSY Vacuum $\langle S \rangle = 0, |\langle \Phi \rangle| = |\langle \bar{\Phi} \rangle| = M/2,$ Since in The SUSY Limit. After HI. We Get

 $V_{\rm SUSY} = \lambda^2 \left| \bar{\Phi} \Phi - M^2 / 4 \right|^2 + \frac{1}{c_-(1-Nr_+)} \lambda^2 |S|^2 \left(|\Phi|^2 + |\bar{\Phi}|^2 \right) + D - {\rm terms} \quad (N, c_- \text{ and } r_\pm \text{ are Defined Below)}$

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- Possible Kähler Potentials Softly Broken Shift Symmetry For Higgs Fields
- The Shift Symmetry Can Be Formulated By The Functions $F_{\pm}=\left|\Phi\pm\bar{\Phi}^{*}\right|^{2}$ With Coefficients c_{+} and $c_{-},c_{+}\leq c_{-}$.
- HI can be Obtained Selecting the Following K's Which Are Quadratic and Invariant Under $U(1)_{B-L}$ and R Symmetries:

$$K_1 = -N \ln (1 + c_+ F_+) + c_- F_- + F_{1S}(|S|^2), \quad K_2 = -N \ln (1 + c_+ F_+) + F_{2S}(F_-, |S|^2)$$
 Where We Choose The Functions¹

$$F_{1S} = \begin{cases} N_S \ln(1 + |S|^2/N_S) \\ -N_S \left(e^{-|S|^2/N_S} - 1\right) \end{cases} \quad \text{And} \quad F_{2S} = \begin{cases} N_S \ln(1 + c_-F_-/N_S + |S|^2/N_S) \\ -N_S \left(e^{-(c_-F_-/N_S + |S|^2/N_S)} - 1\right) \end{cases} \quad \text{With } N, N_S > 0$$

Since the Simplest Kinetic Term for S , $|S|^2$, Leads to $m_S^2 < 0$ or $m_S^2 < \widehat{H}_{\rm HI}^2$ Along the Inflationary Path.

¹ C.P. and N. Toumbas (2016, 2017).

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CHARGE ASSIGNMENTS SUPERFIELDS: $U(1)_R$ 0 $U(1)_{B-L}$ 0 -1

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• FOR $c_+ \gg c_-$, Our Models are Completely Natural, Because The Theory Enjoys The Following Enhanced Symmetries:

$$\bar{\Phi} \rightarrow \ \bar{\Phi} + c^*, \ \Phi \rightarrow \ \Phi + c \ (c \in \mathbb{C}) \ \ \text{ and } \ S \rightarrow \ e^{i\alpha}S \ , \quad \text{in the Limits} \quad c_+ \rightarrow 0 \ \& \ \lambda \rightarrow 0 \ .$$

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 $\begin{array}{c|ccccc} S \text{UPERFIELDS:} & S & \Phi & \bar{\Phi} \\ \hline U(1)_R & 1 & 0 & 0 \\ U(1)_{B-L} & 0 & 1 & -1 \\ \hline \end{array}$

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- THE FREE PARAMETERS, FOR FIXED N, ARE $r_{\pm}=c_{+}/c_{-}$ and λ/c_{-} (not c_{+},c_{-} and λ) Since If We Perform the Rescalings
 - $\Phi \to \Phi/\sqrt{c_-}, \ \bar{\Phi} \to \bar{\Phi}/\sqrt{c_-}, \ \text{ and } \ S \to S, \ \text{ we see That } W \ \text{Depends on } \lambda/c_- \ \text{ and } \ K \ \text{on } r_\pm \, .$

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A B-L Extension of MSSM

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• GENERATION OF MASSES FOR THE LIGHT NEUTRINOS. THROUGH THE TYPE I SEESAW MECHANISM WHICH CAN BE REALIZED BY THE TERMS $W_{\rm RHN} = \lambda_{ijN^c} \bar{\Phi} N_i^c N_i^c + h_{iji} N_i^c L_i H_{II}.$

Note that the Three RHNs, N_i^c , Are Necessary To Cancel the B-L Gauge Anomaly.

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ullet A Motivation for the Origin of the μ Term. This can be Explained If We Combine $W_{
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$$W_{\mu} = \lambda_{\mu} S H_u H_d . \quad (: I)$$

The Part Of The Scalar Potential Which Includes The Soft Susy Breaking Terms Corresponding to $W_{\rm HI}$ + W_{μ}

$$V_{\rm soft} = \left(\lambda A_{\lambda} S \,\bar{\Phi} \Phi + \lambda_{\mu} A_{\mu} S \,H_u H_d - a_S \,S \,\lambda M^2 / 4 + \mathrm{h.c.}\right) + \left. m_{\tilde{a}}^2 \left| z^{\tilde{a}} \right|^2 \quad \text{with } z^{\tilde{a}} = \Phi, \bar{\Phi}, S, H_u, H_d = 0$$

where m_a,A_λ,A_μ and a_S are Soft SUSY Breaking Mass Parameters. Minimizing $V_{\rm tot}=V_{\rm SUSY}+V_{\rm soft}$ and Substituting in $V_{\rm soft}$ the SUSY v.e.vs of Φ and $\bar{\Phi}$ we get

$$\langle V_{tot}(S) \rangle = \lambda^2 \, M^2 S^2 / 2 c_- (1 - N r_\pm) - \lambda a_\mu M^2 S$$
, where $m_S \ll M$ and $(|A_\lambda| + |a_S|) = 2 a_\mu m_{3/2}$

where $m_{3/2}$ is the Gravitino Mass. The Minimized $\langle V_{\mathrm{tot}}(S) \rangle$ w.r.t S leads to a non Vanishing $\langle S \rangle$ as Follows:

$$d\langle V_{\text{tot}}(S)\rangle/dS = 0 \implies \langle S\rangle \simeq a_{\mu}c_{-}(1-Nr_{+})m_{3/2}/\lambda \simeq 10^{5}a_{\mu}m_{3/2}\mathcal{F}(N,r_{+}).$$

Therefore, the Generated μ Parameter From Eq. (I) is $\mu = \lambda_{\mu} \langle S \rangle \simeq \lambda_{\mu} m_{3/2} a_{\mu} c_{-} (1 - N r_{\pm}) / \lambda \simeq 10^5 m_{3/2} \lambda_{\mu} \mathcal{F}(N, r_{\pm})$. Successful HI Needs $\lambda_{\mu} \leq 9 \cdot 10^{-6}$ and so the Prefactor is Absorbed. Therefore, $\mu \simeq 1$ TeV Implies $m_{3/2} \gtrsim 1$ TeV.

²G. Dvali, G. Lazarides and Q. Shafi (1999).

THE RELEVANT SUPER- & KÄHLER POTENTIALS

ullet We Focus on a Superpotential Invariant under the $G_{
m SM} imes U(1)_{B-L}$ Gauge Group

$$W = \lambda S \left(\bar{\Phi} \Phi - M^2 / 4 \right)$$

TO ACHIEVE HI & BREAK $U(1)_{B-L}$

+
$$\lambda_\mu S\, H_u H_d$$

to Generate $\mu\simeq 10^5\, \lambda_u m_{3/2} \mathcal{F}(N,r_\pm)\sim 1~{\rm TeV}$

$$+ \quad \lambda_{ij\nu} \bar{\Phi} N^c_i N^c_j$$

TO GENERATE MAJORANA MASSES FOR NEUTRINOS

& Ensure The Inflaton Decay

+ $h_{ijN}N_i^cL_jH_u$ TO GENERATE DIRAC MASSES FOR NEUTRINOS

$$+$$
 W of MSSM with $\mu=0$

$U(1)_{B-L}$ Gauge Group:					
SUPER-	Representations	GLo	BAL SYMMI	ETRIES	
FIELDS	UNDER $G_{\mathrm{SM}} \times U(1)_{B-L}$	R	В	L	
	MATTER FIELDS				
e_i^c	(1 , 1 , 1, 1)	0	0	-1	
$egin{array}{c} e^c_i \ N^c_i \end{array}$	(1 , 1 , 0, 1)	0	0	-1	
L_i	(1, 1, -1/2, -1)	2	0	1	
u_i^c	(3, 2, -2/3, -1/3)	1	-1/3	0	
d_i^c	(3, 2, 1/3, -1/3)	1	-1/3	0	
Q_i	$(\bar{3}, 2, 1/6, -1/3)$	1	1/3	0	
	Higgs Fields				
H_d	(1 , 2 , -1/2, 0)	0	0	0	
H_u	(1 , 2 , 1/2, 0)	0	0	0	
S	(1, 1, 0, 0)	4	0	0	
$\bar{\Phi}$	(1, 1, 0, 2)	0	0	-2	
Φ	(1, 1, 0, -2)	0	0	2	

THE RELEVANT SUPER- & KÄHLER POTENTIALS

 \bullet We Focus on a Superpotential Invariant under the $G_{\mathrm{SM}} \times U(1)_{B-L}$ Gauge Group:

			SUPER-	REPRESENTATIONS	GLO	BAL SYMME	ETRIES	
W	=	$\lambda S\left(\bar{\Phi}\Phi-M^2/4\right)$	FIELDS	under $G_{\mathrm{SM}} \times U(1)_{B-L}$	R	В	L	
		TO ACHIEVE HI & BREAK $U(1)_{R-I}$		MATTER FIELDS				
		\ /B E	e_i^c	(1 , 1 , 1, 1)	0	0	-1	
	+	$\lambda_{\mu}SH_{u}H_{d}$	N_i^c	(1 , 1 , 0, 1)	0	0	-1	
		to Generate $\mu \simeq 10^5 \lambda_\mu m_{3/2} \mathcal{F}(N,r_\pm) \sim 1~{\rm TeV}$	L_i	(1, 1, -1/2, -1)	2	0	1	
		, ,	u_i^c	(3, 2, -2/3, -1/3)	1	-1/3	0	
	+	$\lambda_{ij u}ar{\Phi}N_i^cN_j^c$	d_i^c	(3, 2, 1/3, -1/3)	1	-1/3	0	
		TO GENERATE MAJORANA MASSES FOR NEUTRINOS	$\dot{Q_i}$	$(\bar{3}, 2, 1/6, -1/3)$	1	1/3	0	
		& Ensure The Inflaton Decay		Higgs Fields				
			H_d	(1, 2, -1/2, 0)	0	0	0	
	+	$h_{ijN}N_i^cL_jH_u$	H_u	(1 , 2 , 1/2, 0)	0	0	0	
		TO GENERATE DIRAC MASSES FOR NEUTRINOS	S	(1, 1, 0, 0)	4	0	0	
		W or MCCM with w = 0	$\bar{\Phi}$	(1, 1, 0, 2)	0	0	-2	
	+	W of MSSM with $\mu=0$	Φ	(1, 1, 0, -2)	0	0	2	

• THE ABOVE W MAY COOPERATE WITH THE FOLLOWING KÄHLER POTENTIAL POTENTIALS WHICH RESPECT THE IMPOSED SYMMETRIES

$$\begin{split} K_1 &= -N \ln \left(1 + c_+ F_+ \right) + c_- F_- + \ F_{1X} (|X|^2), \quad K_2 &= -N \ln \left(1 + c_+ F_+ \right) + \ F_{2X} (F_-, |X|^2) \quad \text{Where} \\ F_{1S} &= \begin{cases} N_X \ln \left(1 + X^\alpha X_\alpha / N_X \right) \\ -N_X \left(e^{-X^\alpha X_\alpha / N_X} - 1 \right) \end{cases} \quad \text{And} \quad F_{2S} &= \begin{cases} N_X \ln \left(1 + X^\alpha X_\alpha / N_X + c_- F_- / N_X \right) \\ -N_X \left(e^{-(c_- F_- / N_X + X^\alpha X_\alpha / N_X)} - 1 \right) \end{cases} \quad \text{With} \ \ N, N_X > 0 \end{split}$$

and $X^{\alpha}=S, H_u, H_d, N^c_i$ — Placing $X^{\alpha}X_{\alpha}$ Inside the Argument of \ln , We Obtain Tighter Restrictions on λ_{μ} .



THE INFLATIONARY SCENARIO

THE INFLATIONARY POTENTIAL

• If We Use The Parametrization:

$$\Phi = \phi e^{i\theta}\cos\theta_\Phi/\sqrt{2} \quad \text{and} \quad \bar{\Phi} = \phi e^{i\bar{\theta}}\sin\theta_\Phi/\sqrt{2} \quad \text{ with } \ 0 \leq \theta_\Phi \leq \pi/2 \quad \text{and} \quad X^\beta = \left(x^\beta + i\bar{x}^\beta\right)/\sqrt{2},$$

Where $X^{\beta}=S, H_u, H_d, N^c_i$, We Can Show That A D-Flat Direction Is $\theta=\bar{\theta}=x^{\beta}=\bar{x}^{\beta}=0$, and $\theta_{\Phi}=\pi/4$ (: I)

ullet The Only Surviving Term of \widehat{V}_F Along the Path in Eq. (I) is

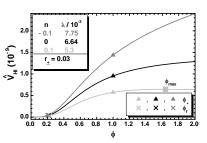
$$\widehat{V}_{\rm HI} = e^K K^{SS^*} \, |W_{,S}|^2 = \frac{\lambda^2 (\phi^2 - M^2)^2}{16 f_{\mathcal{R}}^{2(1+n)}} \ \, {\rm With} \ \, f_{\mathcal{R}} = 1 + c_+ \phi^2$$

PLAYING THE ROLE OF A Non-Minimal Coupling to Gravity. Also,

$$n=N/2-1 \ \ {\rm and} \ \ K^{\beta \vec{\beta}}=1$$

ullet For $n>0,\ \widehat{V}_{
m HI}$ Develops A Local ${
m f Maximum}$

$$\widehat{V}_{\mathrm{HI}}(\phi_{\mathrm{max}}) = rac{\lambda^2 n^{2n}}{16c_+^2 (1+n)^{2(1+n)}} \ \ \mathrm{at} \ \ \phi_{\mathrm{max}} = rac{1}{\sqrt{c_+ n}}$$



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Where $X^{\beta} = S$, H_u , H_d , N_i^c , We Can Show That A D-Flat Direction Is $\theta = \bar{\theta} = x^{\beta} = \bar{x}^{\beta} = 0$, and $\theta_{\Phi} = \pi/4$ (: I)

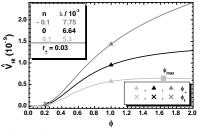
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• For n > 0, $\widehat{V}_{\rm HI}$ Develops A Local Maximum

$$\widehat{V}_{\rm HI}(\phi_{\rm max}) = \frac{\lambda^2 n^{2n}}{16c_+^2(1+n)^{2(1+n)}} \ \ {\rm ar} \ \ \phi_{\rm max} = \frac{1}{\sqrt{c_+ n}}$$



• THE EF CANONICALLY NORMALIZED FIELDS, WHICH ARE DENOTED BY HAT, CAN BE OBTAINED AS FOLLOWS:

$$\frac{d\widehat{\phi}}{d\phi} = J = \sqrt{\kappa_+}, \ \ \widehat{\theta}_+ = \frac{J\phi\theta_+}{\sqrt{2}}, \ \ \widehat{\theta}_- = \sqrt{\frac{\kappa_-}{2}}\phi\theta_-, \quad \text{and} \quad \widehat{\theta}_\Phi = \phi\sqrt{\kappa_-}\left(\theta_\Phi - \frac{\pi}{4}\right), \quad \left(\overline{\chi}^\beta, \overline{\widetilde{\chi}}^\beta\right) = \left(x^\beta, \overline{\chi}^\beta\right),$$

Where $\theta_{\pm} = (\theta \pm \bar{\theta})/\sqrt{2}, \ \kappa_{+} = c_{-} \left(1 + N r_{\pm} (c_{+} \phi^{2} - 1)/f_{\mathcal{R}}^{2}\right) \simeq c_{-} \ \text{and} \ \kappa_{-} = c_{-} \left(1 - N r_{\pm}/f_{\mathcal{R}}\right) > 0 \quad \Rightarrow \quad \mathbf{r}_{\pm} < \mathbf{1/N}.$

• WE CAN CHECK THE STABILITY OF THE TRAJECTORY IN EQ. (I) W.R.T THE FLUCTUATIONS OF THE VARIOUS FIELDS, I.E.

$$\left.\frac{\partial V}{\partial \overline{z}^{\alpha}}\right|_{\text{Eq. (1)}} = 0 \quad \text{and} \quad \widehat{m}_{z^{\alpha}}^{2} > 0 \quad \text{Where} \quad \widehat{m}_{z^{\alpha}}^{2} = \text{Egv}\Big[\widehat{M}_{\alpha\beta}^{2}\Big] \quad \text{With} \quad \widehat{M}_{\alpha\beta}^{2} = \left.\frac{\partial^{2} V}{\partial \overline{z}^{\alpha}} \frac{\partial^{2} V}{\partial \overline{z}^{\alpha}}\right|_{\text{Eq. (1)}} \quad \text{and} \quad z^{\alpha} = \theta_{-}, \theta_{\pm}, \theta_{0}, x_{\pm}^{\beta}, \overline{x}^{\beta}, x_{-}^{\beta}, x_{-$$

THE INFLATIONARY SCENARIO

STABILITY AND RADIATIVE CORRECTIONS

THE MASS SPECTRUM ALONG THE INFLATIONARY TRAJECTORY

FIELDS	EINGESTATES	Masses Squared		
			$K = K_1$	$K = K_2$
2 REAL SCALARS	$\widehat{\theta}_{+}$	$\widehat{m}_{\theta^+}^2$	$6\widehat{H}_{ m HI}^2$	$6(1+1/N_X)\widehat{H}_{HI}^2$
	$\widehat{ heta}_{\Phi}$	$\widehat{m}_{\theta_{\Phi}}^{2}$	$M_{BL}^2 + 6\widehat{H}_{HI}^2$	$M_{BL}^2 + 6(1 + 1/N_X)\widehat{H}_{HI}^2$
1 COMPLEX SCALARS	$\widehat{s},\widehat{\overline{s}}$	\widehat{m}_s^2	$6\widehat{H}_{ m HI}^2/N_X$	
4 COMPLEX SCALARS	$h_\pm, ar{h}_\pm$	$\widehat{m}_{h\pm}^2$	$3\widehat{H}_{\rm HI}^2(1+1/N_X\pm 4\lambda_\mu/\lambda\phi^2)$	
3 COMPLEX SCALARS	$\tilde{v}^c_i, \bar{\tilde{v}}^c_i$	$m_{i\tilde{\nu}^{C}}^{2}$	$3\widehat{H}_{\mathrm{HI}}^{2}(1+1/N_{X}+16\lambda_{iN^{c}}/\lambda^{2}\phi^{2})$	
1 Gauge boson	A_{BL}	M_{BL}^2	,	$(1 - Nr_{\pm}/f_{\mathcal{R}}) \phi^2$
4 Weyl Spinors	$\widehat{\psi}_{\pm}$	$\widehat{m}_{\psi\pm}^2$	$24\widehat{H}_{\mathrm{HI}}^{2}/c_{-}\phi^{2}f_{\mathcal{R}}^{2}$	
	ψ_{iN^c}	$\widehat{m}_{\psi_{iN^c}}^2$	48.	$\lambda_{iN^c}^2 \widehat{H}_{\rm HI}^2 / \lambda^2 \phi^2$
	$\lambda_{BL}, \widehat{\psi}_{\Phi-}$	M_{BL}^2	g^2c	$(1 - Nr_{\pm}/f_{\mathcal{R}}) \phi^2$

• We can Obtain $\forall \, \alpha, \, \widehat{m}_{\chi^{\alpha}}^2 > 0.$ Especially

$$\widehat{m}_s^2 > 0 \ \Leftrightarrow \ N_X < 6 \ \text{and} \ \widehat{m}_{H^-}^2 > 0 \ \Leftrightarrow \ \lambda_\mu \leq \lambda (1 + 1/N_X) \phi_{\rm f} / 4 \ (\text{E.g.} \ \lambda_\mu < 9 \cdot 10^{-6} \ \text{for} \ r_\pm = 0.03) \,.$$

- We can Obtain $\forall\, \alpha,\, \widehat{m}_{\chi^{\alpha}}^2 > \widehat{H}_{\rm HI}^2$ and So Any Inflationary Perturbations Of The Fields Other Than ϕ Are Safely Eliminated;
- $M_{BL}
 eq 0$ Signals the Fact that That $U(1)_{B-L}$ Is Broken and so, no Topological Defects are Produced.
- ullet The One-Loop Radiative Corrections à la Coleman-Weinberg to $\widehat{V}_{
 m HI}$ Can Be Kept Under Control Provided that
 - $M_{BL}^2 > m_{
 m P}^2$ and $\widehat{m}_{ heta_{
 m D}}^2 > m_{
 m P}^2$ Are not Taken Into Account.
 - THE RENORMALIZATION GROUP MASS SCALE Λ Is Determined By Requiring $\Delta \widehat{V}_{HI}(\phi_{\star}) = 0$ or $\Delta \widehat{V}_{HI}(\phi_{f}) = 0$.

INFLATIONARY OBSERVABLES - GRAVITATIONAL WAVES

APPROXIMATING THE INFLATIONARY DYNAMICS

ullet The Slow-Roll Parameters Are Determined Using the Standard Formulae Employing The Canonically Normalized $\widehat{\phi}$:

$$\widehat{\epsilon} = \frac{1}{2} \left(\frac{\widehat{V}_{\mathrm{HL}\widehat{\phi}}}{\widehat{V}_{\mathrm{HI}}} \right)^2 \simeq \frac{8(1 - nc_+\phi^2)^2}{c_-\phi^2 f_{\mathcal{R}}^2} \quad \text{and} \quad \widehat{\eta} = \frac{\widehat{V}_{\mathrm{HL}\widehat{\phi}\widehat{\phi}}}{\widehat{V}_{\mathrm{HI}}} = 4 \; \frac{3 - (3 + 9n)c_+\phi^2 + n(1 + 4n)c_+^2\phi^4}{c_-\phi^2 f_{\mathcal{R}}^2} \; .$$

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• The Number of e-Foldings That $k_{\star}=0.05~\mathrm{Mpc}$ Experiences During HI is Calculated to be

$$\widehat{N}_{\star} = \int_{\widehat{\phi}_{\mathrm{f}}}^{\widehat{\phi}_{\star}} \, d\widehat{\phi} \, \frac{\widehat{V}_{\mathrm{HI}}}{\widehat{V}_{\mathrm{HI},\widehat{\phi}}} \\ \simeq \begin{cases} ((1+c_{+}\phi_{\star}^{2})^{2}-1)/16r_{\pm} & \text{for } n=0 \\ -\left(nc_{+}\phi_{\star}^{2}+(1+n)\ln(1-nc_{+}\phi_{\star}^{2})\right)/8n^{2}r_{\pm} & \text{for } n\neq0 \, . \end{cases}$$

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• There is a Lower Bound on c_- , Above Which $\phi_\star < 1$ — and so Terms $(\bar{\Phi}\Phi)^l$ with l > 1 Are Harmless. E.g.,

For
$$n=0, \quad \phi_{\star} \leq 1 \quad \Rightarrow \quad c_{-} \geq (f_{n\star}-1)/r_{\pm} \simeq 100, \quad \text{with} \quad f_{n\star} = \left(1+16r_{\pm}\widehat{N}_{\star}\right)^{1/2} \quad \text{and} \quad \widehat{N}_{\star} \simeq 58.$$

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ullet The Power Spectrum Normalization Implies A Dependence of λ on c_- for Every r_\pm

$$\sqrt{A_{\rm s}} = \frac{1}{2\sqrt{3}\pi} \frac{\widehat{V}_{\rm HI}(\widehat{\phi}_{\star})^{3/2}}{|\widehat{V}_{\rm HI}(\widehat{\phi}_{\star})|} = \frac{\lambda\sqrt{c_{-}}}{32\sqrt{3}\pi} \frac{\phi_{\star}^{3} f_{\mathcal{R}}(\phi_{\star})^{-n}}{1 - nc_{+}\phi_{\star}^{2}} \Rightarrow \lambda = 32\sqrt{3}A_{\rm s}\pi c_{-}r_{\pm}^{3/2} f_{n\star}^{n} \frac{n(1 - f_{n\star}) + 1}{(f_{n\star} - 1)^{3/2}} \Rightarrow c_{-} \approx 10^{5} \lambda \mathcal{F}(n, r_{\pm}).$$

C. Pallis

APPROXIMATING THE INFLATIONARY DYNAMICS

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• A CLEAR DEPENDENCE OF THE OBSERVABLES (SPECTRAL INDEX NS AND TENSOR-TO-SCALAR RATIO, r) ON r+ AND n ARISES, I.E.,

$$n_{\rm s} = 1 - 6 \widehat{\epsilon}_{\star} \ + \ 2 \widehat{\eta}_{\star} \simeq 1 - 4 n^2 r_{\pm} - 2 n \frac{r_{\pm}^{1/2}}{\widehat{N}_{\star}^{1/2}} - \frac{3 - 2 n}{2 \widehat{N}_{\star}} - \frac{3 - n}{8 (\widehat{N}_{\star}^3 r_{+})^{1/2}} \ , \ r = 16 \widehat{\epsilon}_{\star} \simeq - \frac{8 n}{\widehat{N}_{\star}} + \frac{3 + 2 n}{6 \widehat{N}_{\star}^2 r_{+}} + \frac{6 - n}{3 (\widehat{N}_{\star}^3 r_{+})^{1/2}} + \frac{8 n^2 r_{\pm}^{1/2}}{\widehat{N}_{\star}^{1/2}} \ ,$$

With Negligible n_s Running, α_s . The Variables With Subscript \star Are Evaluated at $\widehat{\phi} = \widehat{\phi} \star$.

TESTING AGAINST OBSERVATIONS

• THE COMBINED BICEP2/Keck Array and Planck Results³ Although Do Not Exclude Inflationary Models With Negligible *r*'s, They Seem to Favor Those With *r*'s of Order 0.01 Which Imply Observable Gravitational Waves.

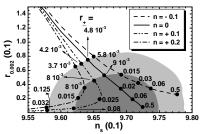
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• Enforcing $\widehat{N}_{\star} \simeq 58$ and $\sqrt{A_{\rm s}} = 4.627 \cdot 10^{-5}$, we obtain the Allowed Curves [Region] in the $n_{\rm s} - r_{0.002}$ $[n-r_{\pm}]$ Plane:

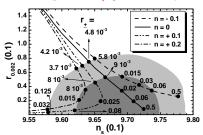


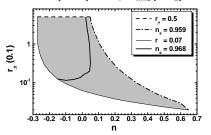
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- For n>0 [n<0] The Curves Move To The Left [Right] of the Curve Obtained for n=0. Therefore the 1- σ Observationally Favored Range Can Be Covered For Quite Natural r_+ 's e.g. $0.0029 \lesssim r_+ \lesssim 0.5$.
- Positivity of κ_- Provides an Upper Bound on r_+ Which is Translated to a Lower Bound on r_-



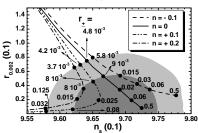
³ Planck Collaboration (2015); BICEP2/Keck Array and Planck Collaborations (2015)

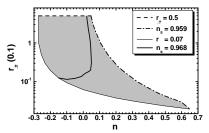
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- For n>0 [n<0] The Curves Move To The Left [Right] of the Curve Obtained for n=0. Therefore the 1- σ Observationally Favored Range Can Be Covered For Quite Natural r_+ 's e.g. $0.0029 \lesssim r_+ \lesssim 0.5$.
- Positivity of κ_- Provides an Upper Bound on r_+ Which is Translated to a Lower Bound on r_-
- Fixing $n_{\rm s}=0.968$ and Let n Vary We Find the **Allowed Ranges** of the Parameters and the Required (Mild) **Tuning**:

$$-1.21 \lesssim n/0.1 \lesssim 0.215, \quad 0.12 \lesssim r_{\pm}/0.1 \lesssim 5, \quad 0.4 \lesssim r/0.01 \lesssim 7 \quad \text{and} \quad \Delta_{\max \star} = (\phi_{\max} - \phi_{\star}) / \phi_{\max} \gtrsim 0.4.$$

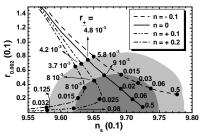
³ Planck Collaboration (2015); BICEP2/Keck Array and Planck Collaborations (2015)

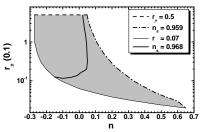
TESTING AGAINST OBSERVATIONS

• THE COMBINED BICEP2/Keck Array and Planck Results Although Do Not Exclude Inflationary Models With Negligible r's, They Seem to Favor Those With r's of Order 0.01 Which Imply Observable Gravitational Waves.

Current Data: $r = 0.028^{+0.026}_{-0.025} \implies 0.003 \lesssim r \lesssim 0.054$ at 68% c.l. And $r \leq 0.07$ at 95% c.l.

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 Positivity of κ_{-} Provides an Upper Bound on r_{+} Which is Translated to a Lower Bound on r_{-}
- Fixing $n_s = 0.968$ and Let n Vary We Find the Allowed Ranges of the Parameters and the Required (Mild) Tuning:
- $-1.21 \lesssim n/0.1 \lesssim 0.215, \quad 0.12 \lesssim r_{\pm}/0.1 \lesssim 5, \quad 0.4 \lesssim r/0.01 \lesssim 7 \quad \text{and} \quad \Delta_{\max \star} = (\phi_{\max} \phi_{\star}) \ / \phi_{\max} \gtrsim 0.4.$

³ Planck Collaboration (2015); BICEP2/Keck Array and Planck Collaborations (2015)

PERTURBATIVE UNITARITY

Ultraviolet (UV) Cut-off Scale ($\Lambda_{\rm UV}$)

• The Implementation Of Our Inflationary Model With $\phi \leq 1$ Requires **Relatively Large** c-'s. Therefore, We Have To Check If the Resulting Effective Theory Respects Perturbative unitarity up to $m_P=1$, Analyzing The Small-Field Behavior Of the Theory. I.e., We Expand About $\langle \phi \rangle = 0$ the Action ${\cal S}$ Along The Inflationary Path

$$S = \int d^4x \sqrt{-\widehat{\mathfrak{g}}} \left(-\frac{1}{2} \widehat{\mathcal{R}} + \frac{1}{2} J^2 \dot{\phi}^2 - \widehat{V}_{\text{HIO}} + \cdots \right) \cdot$$

• In Particular, We Find $\langle J \rangle$ as Follows

$$J^2 = \left(\frac{d\widehat{\phi}}{d\phi}\right)^2 = \kappa_+ = \frac{f_{\rm K}}{f_{\mathcal R}} + \frac{Nc_+(c_+\phi^2 - 1)}{f_{\mathcal Q}^2} \quad \Rightarrow \quad \langle J \rangle \simeq c_- \neq 1, \ \ \text{Where} \quad f_{\rm K} = c_-f_{\mathcal R} \ \ \text{and} \quad \langle f_{\mathcal R} \rangle \simeq 1.$$

I.E., THE FIRST TERM INCLUDES THE A NON-CANONICAL KINETIC MIXING WHEREAS THE SECOND ONE IS DUE TO THE NON-MINIMAL COUPLING Fig. FOR THIS REASON, WE CALL THIS MODEL KINETICALLY MODIFIED NON-MINIMAL HI.

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I.E., THE FIRST TERM INCLUDES THE A NON-CANONICAL KINETIC MIXING WHEREAS THE SECOND ONE IS DUE TO THE NON-MINIMAL COUPLING f_R . FOR THIS REASON, WE CALL THIS MODEL KINETICALLY MODIFIED NON-MINIMAL HI.

• For $r_{\pm} \leq 1$, We obtain $\Lambda_{\mathrm{UV}} = m_{\mathrm{P}}$ Since The Expansions Abound $\langle \phi \rangle = 0$ Are Just r_{\pm} (not c_{-} or c_{+}) Dependent:

$$J^2 \dot{\phi}^2 \simeq \left(1 + 3N r_\pm^2 \widehat{\phi}^2 - 5N r_\pm^3 \widehat{\phi}^4 + \cdots\right) \widehat{\phi}^2 \quad \text{and} \quad \widehat{V}_{\rm HI} \simeq \frac{\lambda^2 \widehat{\phi}^4}{16c^2} \left(1 - 2(1+n) r_\pm \widehat{\phi}^2 + (3+5n) r_\pm^2 \widehat{\phi}^4 - \cdots\right).$$

Consequently, No Problem With The Perturbative Unitarity Emerges for $r_{\pm} \leq 1$, Even If c_{\pm} and c_{-} Are Large.

PERTURBATIVE UNITARITY

Ultraviolet (UV) Cut-off Scale (Λ_{UV})

• THE IMPLEMENTATION OF OUR INFLATIONARY MODEL WITH $\phi \leq 1$ Requires **Relatively Large** c-'s. Therefore, We Have To Check If the Resulting Effective Theory Respects Perturbative unitarity up to $m_P=1$, Analyzing The Small-Field Behavior Of the Theory. I.e., We Expand About $\langle \phi \rangle = 0$ the Action ${\cal S}$ Along The Inflationary Path

$$\mathcal{S} = \int d^4x \, \sqrt{-\widehat{\mathfrak{g}}} \left(-\frac{1}{2} \widehat{\mathcal{R}} + \frac{1}{2} \, J^2 \dot{\phi}^2 - \widehat{V}_{\rm HI0} + \cdots \right) \cdot$$

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• For $r_+ \le 1$, We obtain $\Lambda_{\rm UV} = m_{\rm P}$ Since The Expansions Abound $\langle \phi \rangle = 0$ Are Just r_+ (not c_- or c_+) Dependent:

$$J^2 \dot{\phi}^2 \simeq \left(1 + 3N r_\pm^2 \widehat{\phi}^2 - 5N r_\pm^3 \widehat{\phi}^4 + \cdots\right) \widehat{\phi}^2 \quad \text{and} \quad \widehat{V}_{\rm HI} \simeq \frac{\lambda^2 \widehat{\phi}^4}{16 c^2} \left(1 - 2(1+n) r_\pm \widehat{\phi}^2 + (3+5n) r_\pm^2 \widehat{\phi}^4 - \cdots\right).$$

Consequently, No Problem With The Perturbative Unitarity Emerges for $r_{\pm} \leq 1$, Even If c_{\pm} and c_{-} Are Large.

• THIS HAS TO BE CONTRASTED TO THE SITUATION IN STANDARD NON-MINIMAL HI WHICH IS DEFINED FOR

$$f_{\rm K}=1$$
 and $f_{\rm R}=1+c_{\rm R}\phi^2$ Leading to $\langle J\rangle=1$.

This Results to $\Lambda_{\rm UV}=m_{\rm P}/c_{\rm R}\ll m_{\rm P}$ For $c_{\rm R}>1$ Since The Expansions About $\langle\phi\rangle\simeq0$ Are $c_{\rm R}$ Dependent, i.e.,

$$J^2\dot{\phi}^2 = \left(1 - c_R\widehat{\phi}^2 + 6c_R^2\widehat{\phi}^2 + c_R^2\widehat{\phi}^4 + \cdots\right)^{\frac{1}{2}} \text{ and } \widehat{V}_{\rm HI} = \frac{\lambda^2\widehat{\phi}^4}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 2c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 4c_R^3\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R\widehat{\phi}^2 + 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^4 - 3c_R^2\widehat{\phi}^6 + \cdots\right) \cdot \frac{1}{2} \left(1 - 3c_R^2\widehat{\phi}^4 -$$

Where The Term Which Yields The Smallest Denominator For $c_R > 1$ is $6c_R^2 \hat{\phi}^2$.

⁴ J.L.F. Barbon and J.R. Espinosa (2009); C.P. Burgess, H.M. Lee, and M. Trott (2010); A. Kehagias, A.M. Dizgah, and A. Riotto (2013) 4 📑 🕨

PERTURBATIVE REHEATING

ullet At the SUSY Vacuum, The Inflaton And The RHNs, N^c_i , Acquire Masses $\widehat{m}_{\delta\phi}$ and M_{iN^c} Respectively Given by

$$\widehat{m}_{\delta\phi}\simeq\frac{\lambda M}{\sqrt{2c~(1-Nr_+)}}~(\text{E.g.}~9\cdot 10^{10}~\text{GeV}~\text{for}~r_\pm=0.03)~\text{and}~M_{iN^c}=\lambda_{iN^c}M~,$$

Where We Restore m_P in the Formulas. $\widehat{m}_{\delta\phi}$ is only N and r_{\pm} Dependent If We Impose a GUT Condition — See Below.

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Where We Restore m_P in the Formulas. $\widehat{m}_{\delta\phi}$ is only N and r_\pm Dependent If We Impose a GUT Condition — See Below.

- THE INFLATON CAN DECAY PERTURBATIVELY INTO:
 - ullet A Pair of RHNs (N_i^c) With Majorana Masses M_{jN^c} Through The Following Decay Width

$$\widehat{\Gamma}_{\delta\phi\to N_i^c} = \frac{\lambda_{iN^c}^2}{16\pi} \widehat{m}_{\delta\phi} \left(1 - \frac{4M_{iN^c}^2}{\widehat{m}_{\delta\phi}^2}\right)^{3/2} \quad \text{With} \quad \lambda_{iN^c} = \frac{M_{iN^c}}{2\langle J\rangle M} \left(1 - 3c_+ \frac{N}{2} \frac{M^2}{m_{\rm p}^2}\right) \quad \text{Arising from} \quad \mathcal{L}_{\delta\bar{\phi}\to N_i^c} = \lambda_{iN^c} \widehat{\delta\phi} \; N_i^c N_i^c \; .$$

• H_u and H_d Through The Following Decay Width

$$\widehat{\Gamma}_{\delta\phi\to H} = \frac{2}{8\pi}\lambda_H^2\widehat{m}_{\delta\phi} \quad \text{with} \quad \lambda_H = \frac{\lambda_\mu}{\sqrt{2}} \left(1 - 2c_+(n+1)\frac{M^2}{m_{\rm p}^2}\right) \quad \text{Arising from} \quad \mathcal{L}_{\widehat{\delta\phi}\to H_uH_d} = -\lambda_H\widehat{m}_{\delta\phi}\widehat{\delta\phi}H_u^*H_d^* \,.$$

• MSSM (s)-Particles XYZ Through The Following c_+ -Dependent 3-Body Decay Width

$$\widehat{\Gamma}_{\delta\phi\to XYZ} = \lambda_y^2 \frac{14n_{\rm f}}{512\pi^3} \frac{\widehat{m}_{\delta\phi}^3}{m_{\rm p}^2} \quad \text{With} \quad \lambda_y = Ny_3c_+ \frac{M}{\langle J\rangle m_{\rm p}} \quad \text{and} \quad y_3 = h_{t,b,\rm T}(\widehat{m}_{\delta\phi}) \simeq 0.5 \,.$$

This Decay Arises From $\mathcal{L}_{\widehat{\delta \phi} \to XYZ} = -\lambda_y (\widehat{\delta \phi}/m_{\rm P}) \left(X \psi_Y \psi_Z + Y \psi_X \psi_Z + Z \psi_X \psi_Y \right) + {\rm h.c.}$

PERTURBATIVE REHEATING

• At the SUSY Vacuum, The Inflaton And The RHNs, N_i^c , Acquire Masses $\widehat{m}_{\delta\phi}$ and M_{iN^c} Respectively Given by

$$\widehat{m}_{\delta\phi} \simeq \frac{\lambda M}{\sqrt{2c_-(1-Nr_+)}}$$
 (E.g. $9\cdot 10^{10}~{\rm GeV}~{\rm for}~r_\pm = 0.03$) and $M_{iN^c} = \lambda_{iN^c} M$,

Where We Restore m_P in the Formulas. $\widehat{m}_{\delta\phi}$ is only N and r_\pm Dependent If We Impose a GUT Condition — See Below.

- THE INFLATON CAN DECAY PERTURBATIVELY INTO:
 - A Pair of RHNs (N_i^c) With Majorana Masses M_{jN^c} Through The Following Decay Width

$$\widehat{\Gamma}_{\delta\phi\to N_i^c} = \frac{\lambda_{iN^c}^2}{16\pi} \widehat{m}_{\delta\phi} \left(1 - \frac{4M_{iN^c}^2}{\widehat{m}_{\delta\phi}^2}\right)^{3/2} \quad \text{With} \quad \lambda_{iN^c} = \frac{M_{iN^c}}{2\langle J\rangle M} \left(1 - 3c_+ \frac{N}{2} \frac{M^2}{m_{\rm p}^2}\right) \quad \text{Arising from} \quad \mathcal{L}_{\delta\bar{\phi}\to N_i^c} = \lambda_{iN^c} \widehat{\delta\phi} \; N_i^c N_i^c \; .$$

• H_u and H_d Through The Following Decay Width

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$$\widehat{\Gamma}_{\delta\phi\to XYZ} = \lambda_y^2 \frac{14n_f}{512\pi^3} \frac{\widehat{m}_{\delta\phi}^3}{m_c^2} \quad \text{With} \quad \lambda_y = Ny_3c_+ \frac{M}{\langle J \rangle_{mp}} \quad \text{and} \quad y_3 = h_{t,b,\tau}(\widehat{m}_{\delta\phi}) \simeq 0.5 \,.$$

This Decay Arises From $\mathcal{L}_{\widehat{\delta \phi} \to XYZ} = -\lambda_{u}(\widehat{\delta \phi}/m_{P}) (X\psi_{Y}\psi_{Z} + Y\psi_{X}\psi_{Z} + Z\psi_{X}\psi_{Y}) + \text{h.c.}$

• The Reheating Temperature, $T_{\rm rh}$, is given by

$$T_{\rm rh} = \left(72/5\pi^2 g_*\right)^{1/4} \widehat{\Gamma}_{\delta\phi}^{1/2} m_{\rm p}^{1/2} \quad \text{with} \quad \widehat{\Gamma}_{\delta\phi} = \widehat{\Gamma}_{\delta\phi \to N_{\tilde{t}}^c} + \widehat{\Gamma}_{\delta\phi \to H} + \widehat{\Gamma}_{\delta\phi \to XYZ}, \quad \text{with} \quad g_* \simeq 228.75.$$

$$B - L \text{ Higgs Inflation in Supergravity with Several Consequences}$$

LEPTOGENESIS AND \widetilde{G} ABUNDANCE

• The Out-Of-Equilibrium Decay of N_i^c can Generate an L Asymmetry Which Can Be Converted to the B Yield:

$$Y_B = -0.35 \ 2 \ \frac{5}{4} \ \frac{T_{\rm rh}}{\widehat{m}_{\delta\phi}} \frac{\widehat{\Gamma}_{\delta\phi \to N_i^C}}{\widehat{\Gamma}_{\delta\phi}} \, \varepsilon_i \ \ \text{Where} \ \ \varepsilon_i = \sum_{i \neq j} \frac{\text{Im} \left[(m_{\rm D}^\dagger m_{\rm D})_{ij}^2 \right]}{8\pi (H_u)^2 (m_{\rm D}^\dagger m_{\rm D})_{ii}} \Big(F_{\rm S} \left(x_{ij}, y_i, y_j \right) + F_{\rm V}(x_{ij}) \Big).$$

With $x_{ij}:=M_{jN^C}/M_{iN^C}$ and $y_i:=\Gamma_{iN^C}/M_{iN^C}=(m_{\mathrm{D}}^\dagger m_{\mathrm{D}})_{ii}/8\pi \langle H_u \rangle^2$ and $\widehat{m}_{\delta\phi}<2M_{iN^C}$ For Some i with i=1,2,3.

• HERE FV AND FS REPRESENT, RESPECTIVELY, THE CONTRIBUTIONS FROM VERTEX AND SELF-ENERGY DIAGRAMS

$$F_{\rm V}(x) = -x \ln \left(1 + x^{-2}\right)$$
 and $F_{\rm S}(x,y,z) = -2x(x^2-1)/\left(x^2-1\right)^2 + \left(x^2z-y\right)^2$

LEPTOGENESIS AND \widetilde{G} ABUNDANCE

ullet The Out-Of-Equilibrium Decay of N_i^c can Generate an L Asymmetry Which Can Be Converted to the ${\color{blue}B}$ Yield:

$$Y_B = -0.35 \ 2 \ \frac{5}{4} \ \frac{\overline{T}_{\mathrm{rh}}}{\overline{m}_{\delta\phi}} \frac{\widehat{\Gamma}_{\delta\phi \to N_i^c}}{\widehat{\Gamma}_{\delta\phi}} \, \varepsilon_i \ \ \text{Where} \ \ \varepsilon_i = \sum_{i \neq j} \frac{\mathrm{Im} \Big[(m_\mathrm{D}^\dagger m_\mathrm{D})_{ij}^2 \Big]}{8\pi \langle H_u \rangle^2 (m_\mathrm{D}^\dagger m_\mathrm{D})_{ii}} \Big(F_\mathrm{S} \left(x_{ij}, y_i, y_j \right) + F_\mathrm{V} (x_{ij}) \Big).$$

With $x_{ij}:=M_{jN^C}/M_{iN^C}$ and $y_i:=\Gamma_{iN^C}/M_{iN^C}=(m_{\mathrm{D}}^\dagger m_{\mathrm{D}})_{ii}/8\pi \langle H_u \rangle^2$ and $\widehat{m}_{\delta\phi}<2M_{iN^C}$ For Some i with i=1,2,3.

HERE F_V AND F_S REPRESENT, RESPECTIVELY, THE CONTRIBUTIONS FROM VERTEX AND SELF-ENERGY DIAGRAMS

$$F_{V}(x) = -x \ln(1+x^{-2})$$
 and $F_{S}(x,y,z) = -2x(x^{2}-1)/(x^{2}-1)^{2} + (x^{2}z-y)^{2}$

• The Thermally Produced \widetilde{G} Yield At The Onset of BBN Is Estimated To Be: $Y_{\widetilde{G}} \simeq 1.9 \cdot 10^{-22} T_{\rm rh}/{\rm GeV}.$

LEPTOGENESIS AND \widetilde{G} ABUNDANCE

• THE OUT-OF-EQUILIBRIUM DECAY OF N_i^c can Generate an L Asymmetry Which Can Be Converted to the ${\color{blue}B}$ Yield:

$$Y_B = -0.35 \ 2 \ \frac{5}{4} \ \frac{T_{\rm rh}}{\widehat{m}_{\delta\phi}} \frac{\widehat{\Gamma}_{\delta\phi \to N_i^c}}{\widehat{\Gamma}_{\delta\phi}} \, \varepsilon_i \quad \text{Where} \ \ \varepsilon_i = \sum_{i \neq j} \frac{\text{Im} \left[(m_{\rm D}^\dagger m_{\rm D})_{ij}^2 \right]}{8\pi \langle H_u \rangle^2 (m_{\rm D}^\dagger m_{\rm D})_{ii}} \Big(F_{\rm S} \left(x_{ij}, y_i, y_j \right) + F_{\rm V}(x_{ij}) \Big).$$

With $x_{ij}:=M_{jN^C}/M_{iN^C}$ and $y_i:=\Gamma_{iN^C}/M_{iN^C}=(m_{\mathrm{D}}^\dagger m_{\mathrm{D}})_{ii}/8\pi \langle H_u \rangle^2$ and $\widehat{m}_{\delta\phi}<2M_{iN^C}$ For Some i with i=1,2,3.

Here F_V and F_S Represent, Respectively, The Contributions From Vertex And Self-Energy Diagrams

$$F_{V}(x) = -x \ln(1 + x^{-2})$$
 and $F_{S}(x, y, z) = -2x(x^{2} - 1)/(x^{2} - 1)^{2} + (x^{2}z - y)^{2}$

ullet The Thermally Produced \widetilde{G} Yield At The Onset of BBN is Estimated To Be: $Y_{\widetilde{G}} \simeq 1.9 \cdot 10^{-22} T_{
m rh}/{
m GeV}.$

POST-INFLATIONARY REQUIREMENTS

(i) Gauge Unification. Although $U(1)_{B-L}$ Gauge Symmetry Does Not Disturb This Gauge Coupling Unification Within MSSM We Determine M Demanding That The Unification Scale $M_{\rm GUT} \simeq 2/2.433 \times 10^{-2}$ is identified with M_{BL} at the Vacuum, I.E.

$$\sqrt{c_-(\langle f_{\mathcal{R}}\rangle - N r_\pm)}gM/\sqrt{\langle f_{\mathcal{R}}\rangle} = M_{\rm GUT} \ \Rightarrow \ M \simeq M_{\rm GUT}/g\sqrt{c_-(1-N r_\pm)} \sim 10^{15} \ {\rm GeV} \ \ {\rm with} \ \ g \simeq 0.7 \ \ ({\rm GUT\ Gauge\ Coupling}).$$

⁵ M. Kawasaki, K. Kohri, and T. Moroi (2005); J.R. Ellis, K.A. Olive, and E. Vangioni (2005).



LEPTOGENESIS AND \widetilde{G} ABUNDANCE

• THE OUT-OF-EQUILIBRIUM DECAY OF N_i^c can Generate an L Asymmetry Which Can Be Converted to the **B Yield**:

$$Y_B = -0.35 \ 2 \ \frac{5}{4} \ \frac{T_{\rm rh}}{\widehat{m}_{\delta\phi}} \frac{\widehat{\Gamma}_{\delta\phi \to N_i^c}}{\widehat{\Gamma}_{\delta\phi}} \, \varepsilon_i \quad \text{Where} \ \ \varepsilon_i = \sum_{i \neq j} \frac{\text{Im} \left[(m_{\rm D}^\dagger m_{\rm D})_{ij}^2 \right]}{8\pi \langle H_u \rangle^2 (m_{\rm D}^\dagger m_{\rm D})_{ii}} \Big(F_{\rm S} \left(x_{ij}, y_i, y_j \right) + F_{\rm V}(x_{ij}) \Big).$$

With $x_{ij}:=M_{jN^C}/M_{iN^C}$ and $y_i:=\Gamma_{iN^C}/M_{iN^C}=(m_{\mathrm{D}}^\dagger m_{\mathrm{D}})_{ii}/8\pi\langle H_u\rangle^2$ and $\widehat{m}_{\delta\phi}<2M_{iN^C}$ For Some i with i=1,2,3.

HERE F_V AND F_S REPRESENT, RESPECTIVELY, THE CONTRIBUTIONS FROM VERTEX AND SELF-ENERGY DIAGRAMS

$$F_{V}(x) = -x \ln(1 + x^{-2})$$
 and $F_{S}(x, y, z) = -2x(x^{2} - 1)/(x^{2} - 1)^{2} + (x^{2}z - y)^{2}$

• THE THERMALLY PRODUCED \widetilde{G} YIELD AT THE ONSET OF BBN IS ESTIMATED TO BE: $Y_{\widetilde{G}} \simeq 1.9 \cdot 10^{-22} T_{\rm th}/{\rm GeV}.$

POST-INFLATIONARY REQUIREMENTS

- (i) Gauge Unification. Although $U(1)_{B-L}$ Gauge Symmetry Does Not Disturb This Gauge Coupling Unification Within MSSM We Determine M Demanding That The Unification Scale $M_{\rm GUT} \simeq 2/2.433 \times 10^{-2}$ is identified with M_{BL} at the Vacuum, I.E.
- $\sqrt{c_-(\langle f_R\rangle Nr_\pm)}gM/\sqrt{\langle f_R\rangle} = M_{\rm GUT} \Rightarrow M \simeq M_{\rm GUT}/g\sqrt{c_-(1-Nr_\pm)} \sim 10^{15}~{\rm GeV}~{\rm with}~g \simeq 0.7~({\rm GUT~Gauge~Coupling}).$
- (ii) Constraints on M_{iN^c} . To Avoid Any Erasure Of The Produced Y_L and Ensure That The ϕ Decay To ε_i Is Kinematically Allowed and M_{iN^c} are Theoretically Acceptable, We Have To Impose The Constraints:

$$(a) \ M_{1N^c} \gtrsim 10 T_{\rm rh}, \ (b) \ \widehat{m}_{\delta\phi} \geq 2 M_{1N^c} \ \ {\rm and} \ \ (c) \ M_{iN^c} \lesssim 7.1 M \ \Leftrightarrow \lambda_{iN^c} \lesssim 3.5.$$

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- (iii) The Achievement Of Baryogenesis via non-Thermal Leptogenesis Dictates at 95% c.l. $Y_B = \left(8.64^{+0.15}_{-0.16}\right) \cdot 10^{-11}$.

⁵ M. Kawasaki, K. Kohri, and T. Moroi (2005); J.R. Ellis, K.A. Olive, and E. Vangioni (2005).

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- (iv) \widetilde{G} Constraints. Assuming Unstable \widetilde{G} , We Impose an Upper Bound⁵ on $Y_{\widetilde{G}}$ In Order to Avoid Problems With the SBB Nucleosythesis:

$$Y_{\widetilde{G}} \lesssim \begin{cases} 10^{-14} & \Rightarrow \ T_{
m rh} \lesssim \begin{cases} 5.3 \cdot 10^7 \ {
m GeV} \\ 5.3 \cdot 10^8 \ {
m GeV} \end{cases} \ {
m For} \ \widetilde{G} \ {
m Mass} \ m_{\widetilde{G}} \simeq \begin{cases} 0.69 \ {
m TeV} \\ 10.6 \ {
m TeV}. \end{cases}$$

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Inflaton Decay & non-Thermal Leptogenesis

LEPTON-NUMBER ASYMMETRY AND LIGHT NEUTRINO DATA

• $m_{i\mathrm{D}}$ are the Dirac Masses In a Basis (Called N_i^c -Basis) Where N_i^c Are Mass Eigenstates. In the Weak (primed) Basis

$$U^{\dagger}m_{\rm D}U^{c\dagger}=d_{\rm D}={\rm diag}\,(m_{\rm 1D},m_{\rm 2D},m_{\rm 3D})\ \ {\rm Where}\ \ L'=LU\ \ {\rm and}\ \ N^{c\prime}=U^cN^c\ \ (\hbox{: I}).$$

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 Where $L'=LU$ and $N^{c\prime}=U^cN^c$ (: I).

ullet Working in the N_i^c -Basis, the Type I Seesaw Formula Reads

$$m_{\nu} = -m_{\rm D} \; d_{N^c}^{-1} \; m_{\rm D}^{\sf T}, \; \; {\sf Where} \; \; d_{N^c} = {\sf diag} \left(M_{1N^c}, M_{2N^c}, M_{3N^c} \right) \; \; {\sf with} \; M_{1N^c} \leq M_{2N^c} \leq M_{3N^c} \; {\sf Real} \; {\sf and} \; {\sf Positive}.$$

ullet Replacing $m_{
m D}$ from Eq. (I) in the Above Equation and We Extract The Mass Matrix of Light Neutrinos In The Weak Basis

$$\bar{m}_{\nu} = U^{\dagger} m_{\nu} U^* = -d_{\rm D} U^c d_{N^c}^{-1} U^{c \mathsf{T}} d_{\rm D},$$

Which Can Be Diagonalized by the Unitary PMNS Matrix U_{ν} Parameterized As Follows:

$$U_{\nu} = \begin{pmatrix} c_{12}c_{13} & s_{12}c_{13} & s_{13}e^{-i\delta} \\ -c_{23}s_{12} - s_{23}c_{12}s_{13}e^{i\delta} & c_{23}c_{12} - s_{23}s_{12}s_{13}e^{i\delta} & s_{23}c_{13} \\ s_{23}s_{12} - c_{23}c_{12}s_{13}e^{i\delta} & -s_{23}c_{12} - c_{23}s_{12}s_{13}e^{i\delta} & c_{23}c_{13} \end{pmatrix} \cdot \begin{pmatrix} e^{-i\varphi_{1}/2} & e^{-i\varphi_{2}/2} \\ & e^{-i\varphi_{2}/2} & \\ & & 1 \end{pmatrix},$$

with $c_{ij}:=\cos\theta_{ij},\ s_{ij}:=\sin\theta_{ij},\ \delta$ the CP-Violating Dirac Phase and $arphi_1$ and $arphi_2$ the two CP-violating Majorana Phases.

LEPTON-NUMBER ASYMMETRY AND LIGHT NEUTRINO DATA

• $m_{i\mathrm{D}}$ are the Dirac Masses In a Basis (Called N_c^c -Basis) Where N_c^c Are Mass Eigenstates. In the Weak (primed) Basis

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 Where $L'=LU$ and $N^{c\prime}=U^{c}N^{c}$ (: 1).

ullet Working in the N_i^c -Basis, the Type I Seesaw Formula Reads

$$m_{\nu} = -m_{\rm D} \; d_{{\scriptscriptstyle NC}}^{-1} \; m_{\rm D}^{\sf T}, \; {\rm Where} \; d_{{\scriptscriptstyle NC}} = {\rm diag} \left(M_{1N^c}, M_{2N^c}, M_{3N^c} \right) \; {\rm with} \; M_{1N^c} \leq M_{2N^c} \leq M_{3N^c} \; {\rm Real} \; {\rm and} \; {\rm Positive}.$$

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WITH $c_{ij}:=\cos\theta_{ij},\ s_{ij}:=\sin\theta_{ij},\ \delta$ the CP-Violating Dirac Phase and φ_1 and φ_2 the two CP-violating Majorana Phases.

Parameter	Best Fit ±1σ		
	Normal	Inverted	
	HIERARCHY		
$\Delta m_{21}^2/10^{-3} \text{eV}^2$	$7.6^{0.19}_{-0.18}$		
$\Delta m_{31}^2/10^{-3} \text{eV}^2$	$2.38^{+0.05}_{-0.07}$		
$\sin^2 \theta_{12}/0.1$	3.23 ± 0.16		
$\sin^2 \theta_{13}/0.01$	2.26 ± 0.12	2.29 ± 0.12	
$\sin^2 \theta_{23}/0.1$	5.67 ^{+0.32} _{-1.24}	5.73+0.25	
δ/π	1.41+0.55	1.48 ± 0.31	

• The Masses, $m_{i\nu}$, of ν_i Are Calculated as Follows:

$$\begin{split} m_{2\gamma} &= \sqrt{m_{1\gamma}^2 + \Delta m_{21}^2} \text{ and } \\ \begin{cases} m_{3\gamma} &= \sqrt{m_{1\gamma}^2 + \Delta m_{31}^2}, & \text{for NO } m_{\gamma}\text{'s} \\ &\text{or} \\ m_{1\gamma} &= \sqrt{m_{3\gamma}^2 + \left|\Delta m_{31}^2\right|}, & \text{for IO } m_{\gamma}\text{'s} \end{cases} \\ &< 0.23 \text{ eV at 95\% c. 1. From Planck Data}. \end{split}$$

• $\sum_i m_{i\nu} \leq 0.23~{\rm eV}$ at 95% c.l. From Planck Data.

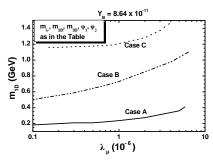
RESULTS

COMBINING INFLATIONARY AND POST-INFLATIONARY REQUIREMENTS

• TO VERIFY THE COMPATIBILITY OF THE POST-INFLATIONARY CONSTRAINTS, WE FOCUS ON THE FOLLOWING CENTRAL VALUES OF THE PARAMETERS OF THE INFLATIONARY MODEL

$$(n, r_{\pm}) = (0.042, 0.025) \rightarrow (n_{\rm S}, r) = (0.968, 0.028) \& \widehat{m}_{\delta\phi} \simeq 8.6 \cdot 10^{10} \text{ GeV}.$$

ullet All the Requirements can be Met Along the lines Presented in the $\lambda_{\mu}-m_{
m 1D}$ Plane.



CASES:	A	В	С
Hierarchy:	NO	NO	10
m _{rv} / eV	0.01	0.07	0.005
Σ_{i} m $_{iv}$ / eV	0.074	0.23	0.104
m _{2D} / GeV	1.3	5	0.9
m _{3D} / GeV	250	250	270
ϕ_1	- π	π/2	π
ϕ_2	0	- π	-π/3
M _{1N°} / 10 ¹⁰ GeV	0.8 - 3	0.4 - 2	2.9 - 3.1
M _{2N°} / 10 ¹¹ GeV	0.4 - 0.6	13	0.3 - 0.4
M _{3N°} / 10 ¹⁵ GeV	1	0.1	5.2

- We take $m_{rv}=m_{1v}$ for NO v_i 's and $m_{rv}=m_{3v}$ for IO v_i 's .
- THE INFLATON DECAYS INTO THE LIGHTEST AND NEXT-TO-LIGHTEST OF RHN SINCE $2M_{iN^C} > \widehat{m}_{\delta\phi}$ for i=3.
- ullet Y_B Is Equal to its Central Value and the \overline{G} Constraint is Under Control. Even for $m_{3/2}\sim 1~{
 m TeV}$ Since We Obtain

$$0.7 \lesssim Y_{\widetilde{G}}/10^{-15} \lesssim 3$$
 and $0.4 \lesssim T_{\rm rh}/10^7 {\rm GeV} \lesssim 1.8$.

Conclusions

WE PROPOSED A VARIANT OF NON-MINIMAL HI (NAMED KINETICALLY MODIFIED) WHICH CAN SAFELY ACCOMMODATE OBSERVABLE
GRAVITATIONAL WAVES⁶ WITH SUBPLANCKIAN INFLATON VALUES AND WITHOUT CAUSING ANY PROBLEM WITH THE VALIDITY OF THE
EFFECTIVE THEORY.

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⁶E.g., Core+, LiteBird, Bicep3/Keck Array and SPIDER – see https://indico.cern.ch/event/432527/contributions/226727∰ ▶ ∢ 🚊 ▶ ∢ 🚊 ▶ 🦠 🥏 🔾 🦠

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- ullet Combined Restrictions from Baryogenesis via nTL, \widetilde{G} Constraints and Neutrino Data can be Met Even for $m_{3/2}\sim 1~{
 m TeV}$, With The Inflaton Decaying Mainly to N_1^c and N_2^c We Obtain M_{iN^c} in the Range $(10^9-10^{15})~{
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THANK YOU!

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